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CARPINTERIA AYSO SOCCER

Region 683 Health and Safety Information Sheet

Soccer Accident Insurance

AYSO purchases Soccer Accident Insurance (“SAI”), which pays excess medical costs up to \$50,000 maximum per accident to an insured person for accidental bodily injuries incurred as a direct result of participation in a covered activity subject to the policy terms, conditions and exclusions.

[Soccer Accident Insurance \(SAI\) Brochure](#)

[Soccer Accident Insurance \(SAI\) - Overview](#)

[Soccer Accident Insurance \(SAI\) Benefit Information and Claim Forms](#)

Other Forms and Releases

[AYSO Participation \(Return to Play\) Release](#) - This form helps ensure a player is well enough to return to participation and must be signed by parents/guardians whenever there is an injury or illness requiring medical treatment, including serious illnesses like hepatitis and pneumonia. This form is also required whenever a player is removed from play for a suspected concussion.

[AYSO General Release Form](#) - This form is required for your coach to release your child if they will be walking, riding a bicycle, or driving themselves home from practice or games

[AYSO Incident Report Form](#) - The purpose of this form is to capture all pertinent facts and contact information, while the information is readily available, whenever there is a serious incident involving AYSO participants, activities, facilities or property.

Concussion Safety

AYSO partners with the Center for Disease Control (CDC) to use the “Heads Up” Concussion training tools in support of the following guidelines in order to ensure the safety of all our participants.

Concussion training provided by CDC is available in [AYSOU](#).

Coaches, referees, parents and/or guardians should review the AYSO/CDC Parent/Athlete Concussion Information Sheet available in [English](#) or [Spanish](#).

Sudden Cardiac Arrest (SCA) Safety

Sudden cardiac arrest (SCA) is when the heart stops beating, suddenly and unexpectedly. When this happens blood stops flowing to the brain and other vital organs. SCA is NOT a heart attack. A heart attack is caused by a blockage that stops the flow of blood to the heart. SCA is a malfunction in the heart's electrical system, causing the victim to collapse. The malfunction is caused by a congenital or genetic defect in the heart's structure.

Sudden Cardiac Arrest training provided by Simon's Heart is available in [AYSOU](#).

Coaches, referees, parents and/or guardians should review the SCA Information Sheet available in [English](#) or [Spanish](#).

Player Safety

All players must wear shinguards at games and practices.

No jewelry may be worn except for Medical Alert Bracelets, properly taped down. This includes any type of jewelry. Earrings must be removed before the start of each game and practice and will not be permitted to be taped over.

Coaches and referees should complete routine pre-game safety checks. Additional information, including a field inspection checklist is available [here](#).

Heat Related Illness (HRI) Safety

CDC Heat Related Illness (HRI) information for coaches is available [here](#). Coaches should have comprehensive knowledge about the different types of HRI, as well as know how to recognize, treat, and prevent HRI.

California AB 506 – Background Check/Livescan Policy for CA Volunteers

Effective, January 1, 2022, all administrators, employees and regular volunteers in California MUST have a one-time background check as approved by the California Department of Justice to exclude individuals with a history of child abuse. This form of background check requires live scan fingerprinting. Information regarding the policy and registration can be found [here](#).

AYSO Safe Haven Policies for Child and Volunteer Protection

The Region is committed to the protection of all its children from abuse and neglect while participating in the program and it promotes the awareness and prevention of child abuse in the community at large. The [AYSO Safe Haven Policies for Child and Volunteer Protection](#) should be reviewed by all volunteers.

AYSO Safe Haven certification course is available in [AYSOU](#).

SafeSport Act Mandatory Training

The 2017 SafeSport Act has expanded Mandated Reporters to include adults authorized to interact with children. AYSO volunteers must comply with the federal SafeSport training requirement. Additional information regarding SafeSport Act and training can be found [here](#).

Electronic Communication and Social Media

Consistent with Safe Haven Child and Volunteer Protection Policies, AYSO asks all adults, regardless of whether they have a current volunteer application form on file, to maintain transparency in their communications with children while protecting children's identity and privacy. It is the responsibility of adults to maintain appropriate boundaries.

Additional information regarding AYSO's Electronic Communication and Social Media Policy is available [here](#).

COVID-19

Region 683 players, volunteers, staff, and families should stay home when they have COVID-19 symptoms and test negative for COVID before returning to the field.

Any COVID positive player, volunteer, or staff member who tests negative at day 5, may return on day 6. Parties still testing positive on day 5 must remain out at least 10 days from their initial positive test and may return on day 11 if symptoms have improved.

COVID-19 positive results should be reported to your coach if you or your child were on the field during your infectious period.

For additional information, please review AYSO's [Return to Play Guidelines](#).

For more information regarding Region 683 health and safety policies, please contact Region 683 Safety Director Marisa Kahn at mkahn805@gmail.com.